

What is claimed is:

1. A seat assembly comprising:
  - a. a backrest;
  - b. a member protruding rearward from the backrest so as to define a space therebetween;
  - c. a stowable table adapted generally to abut the member when stowed.
2. A seat assembly according to claim 1 in which the stowable table is connected to the member when stowed.
3. A seat assembly according to claim 2 in which the member is a bar connected to the backrest.
4. A seat assembly according to claim 3 in which (i) the backrest is repositionable and (ii) the bar is connected to the backrest so that its position relative to the backrest remains fixed regardless of the position of the backrest.
5. A seat assembly comprising:
  - a. a backrest;
  - b. a table adapted (i) generally to abut the backrest when stowed and (ii) to extend therefrom when deployed; and
  - c. means for biasing the table away from the backrest when the table is deployed.

6. A seat assembly according to claim 5 in which the biasing means comprises at least one spring.

7. A seat assembly according to claim 6 in which the biasing means further comprises at least one arm communicating with the table and about which the spring is positioned.

8. A seat assembly according to claim 7 in which the table defines a slot or bore in which the arm travels.

9. A seat assembly according to claim 8 in which the arm has an opening receiving a rod, the rod defining an axis about which the table pivots.

10. A seat assembly according to claim 9 in which the spring has two ends, one end abutting the table and the other end abutting the rod.

11. A seat assembly comprising:

- a. a frame;
- b. a backrest connected directly or indirectly to the frame;
- c. a stowable table adapted generally to abut the backrest when stowed and to extend therefrom when deployed;
- d. a pair of arms connected directly or indirectly to the frame;

- e. a rod connecting the pair of arms;
  - f. first and second minor arms connecting the table to at least the rod;
- and
- g. at least one spring positioned about the first minor arm between the table and rod.

12. A seat assembly according to claim 11 further comprising at least one additional spring positioned about the second minor arm between the table and rod.

13. A seat assembly according to claim 12 in which the stowable table defines first and second bores or slots, with the first minor arm travelling in the first bore or slot and the second minor arm travelling in the second bore or slot.

14. A seat assembly according to claim 13 further comprising a cover connected directly or indirectly to the backrest and overlapping at least a portion of the table when the table is stowed.

15. A seat assembly comprising:

- a. a backrest;
- b. a stowable table adapted generally to abut the backrest when stowed and to extend therefrom when deployed; and

c. a cover connected at least indirectly to the backrest so as to overlap at least part of the table when the table is stowed.

16. A seat assembly according to claim 15 in which the cover is mounted to the backrest at a mounting point and pivots about the mounting point.

17. A seat assembly according to claim 16 in which the backrest has a width and the cover spans the width.

18. A seat assembly according to claim 17 in which the cover is mounted to the backrest at two mounting points, the two mounting points defining an axis about which the cover pivots.